



READINESS IN COACHING

To be ready for coaching,
look for leaders to display...

CURIOSITY



Does the executive shift comfortably from leader to learner?

Is the leader interested in the people around him? The systems around him? In himself?

SELF-REFLECTION



Does the executive have an established habit of thinking about herself?

Is she familiar with her inner life?

SELF-RESPONSIBILITY



Is the executive accountable?

Is there a sense that her word is her contract?

RESILIENCE



Does the executive have a sense of health?

Despite life's "thousand natural shocks," does he seem solid and stable?